

Project Overview: Chorey Park Apartments Community Fridge and Safety Net Pantry

Healthy Suffolk and the Suffolk Redevelopment & Housing Authority (SRHA) are pleased to offer a community fridge and safety net pantry at Chorey Park Apartments, providing the 110 senior and disabled residents an opportunity to access fresh produce and shelf stable pantry items during times of critical need. Each month, the pantry will be stocked with items to support residents who may experience an emergency food need or who may lack a critical ingredient to complete a meal. Fresh vegetables, fruit, eggs, butter, dried beans, and canned goods will be stocked in the fridge and pantry. The fridge/pantry located in the community room will be accessible throughout the day and evening, seven days a week on the honor system. In addition, the community room will also be utilized to offer cooking classes, nutritional classes, and health literacy presentations.

Goals:

- ❖ Improve food access and food related disparities among this vulnerable population
- Reduce hunger and address food insecurity
- Provide health & nutritional literacy information to prevent and manage chronic diseases
- Contribute to a healthy food environment

Project needs/wish list:

- Fresh produce (vegetables & fruit)
- Shelf stable pantry items (canned goods, dried beans, pasta, cereal, peanut butter, rice)
- Dairy items (canned milk, eggs, butter)
- Bread products
- Paper goods (paper towels, napkins)
- Condiments (including single serving packets)
- Bottled water & juices

How you can help:

- ❖ Donate to support the fridge/pantry: www.healthysuffolkva.org/donate
- Host a food drive to collect items on the needs/wish list
- Partner with Healthy Suffolk & SRHA to host the fridge/pantry. Contact Healthy Suffolk at <u>info@healthysuffolkva.org</u> for more information on sponsorship and partnering opportunities.

Our donors & supporters:

The Chorey Park Apartments Community Fridge and Safety Net Pantry is made possible thanks to the generous donations of the Louis & Mary Haddad Foundation, the Healthy Suffolk Board of Directors & Coalition, and individual donors.