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JOIN THE PROGRAM

THIS COULD CHANGE YOUR LIFE!

Who do you want to be when you finish school? Are there things holding you back from meeting your goals? We can help you to overcome your obstacles and achieve your goals.

We invest in teens through our farm work program and personal development workshops. Interns gain work experience, income, job training, community and a positive use of time. Interns attend weekly workshops (with dinner provided!) for which they receive community service hours. The workshops cover everything from conflict resolution to making good impressions to budgeting to interview skills. The program runs from March through October. Our goal is to empower youth to overcome obstacles and to set and achieve personal goals

Program Description

Our work program and training give you a chance to:

- Earn up to \$10 per hour while getting real work experience
- Earn community service hours
- Meet great people
- Become empowered to become who you want to be
- Participants will leave the program with life-long relationships, connections with employers, a resume, and training for success.
- Scholarship opportunities

Job Description

Interns work on the farm to grow, harvest and package organic vegetables and fruit for sale. Responsibilities include preparing rows, planting seedlings or sowing seeds, fertilizing and pest control, weeding, harvesting, pruning and packaging produce for sale.

Workshop Topics Include:

- Leadership skills
- Confidence
- Interview skills
- Teamwork
- Conflict resolution
- Personal finance
- Much more!

Time Commitment:

- March – October
 - Interns commit to the 8-month program of paid work hours AND workshops
 - School year: Monday, Wednesday or Friday (choose 1) 3:30-6
 - Summer: Monday, Wednesday or Friday (choose 2) 9-11:30
 - Workshops: Thursdays 6-8, dinner and community service hours provided
- Note: These are the required time commitments. Additional work hours may be given.

Program Requirements:

- Between age 15 and 20.
 - Able to do manual labor outside for 2 hours
 - Committed to the entire 8-month program including workshop times
 - Seeking to overcome obstacles to personal development. Our goal is to help our participants set and achieve personal goals and to overcome obstacles.
- Note: school or court records will not disqualify you from this internship

Sign up at hopeforsuffolk.org
