

November 2022

Housing Choice Voucher



**Redevelopment
& Housing Authority**

Changing Housing, Changing Minds, Changing Lives

| 530 East Pinner St. | Suffolk, VA 23434 | [757-539-2100](tel:757-539-2100)



PHADA Scholarship Program



In order to encourage academic excellence and community responsibility among high school students, PHADA has implemented a scholarship program for graduating seniors who are preparing to enter college. PHADA will award three scholarships to deserving youth currently participating in a Suffolk

Redevelopment & Housing Authority Housing Choice Voucher Program.

Please turn in applications to Ms Dinah Lewis no later than **12/21/2022**. This will allow time for the Executive Director, Ms Tracey Snipes to review your application and complete the certification and provide the non-refundable \$25.00 application fee.

[Apply Online:](https://phada.formstack.com/forms/2023_phada_scholarship_application) https://phada.formstack.com/forms/2023_phada_scholarship_application

[Download the PDF Information brochure:](https://www.phada.org/Portals/21/pdf/scholarshipApp/2023_PHADAScholarshipBrochure_FINAL.pdf) https://www.phada.org/Portals/21/pdf/scholarshipApp/2023_PHADAScholarshipBrochure_FINAL.pdf

Please ensure your application is typed. If you need additional information or have questions regarding this scholarship process, please contact **Dinah Lewis at 757-925-6550**. We look forward in assisting you with this excellent venture.

**DON'T FORGET
TO VOTE**

Tuesday November 8, 2022

Important Dates

Our office will be **closed** the following dates:

November 8—Election Day

November 11- Veteran's day

**November 22— Pre-
Thanksgiving (12 Noon)**

**November 23-24—
Thanksgiving Holiday**



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facebook®**

*Happy
Thanks
Giving*

**From Suffolk Redevelopment
&
Housing Authority Staff**



Affordable Connectivity Program

The Affordable Connectivity Program is a \$14.2 billion program that supports eligible low-income households struggling to afford monthly internet service. This critical program ensures that households have the connections they need for work, school, healthcare, and more. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price.

The Affordable Connectivity Program is limited to one monthly service discount and one device discount per household.

Who Is Eligible to Receive ACP Support? A household is eligible if a member of the household meets at least one of the criteria below:

- Has an income that is at or below 200% of the federal poverty guidelines;
- Participates in certain assistance programs, such as SNAP, Medicaid, Federal Public Housing Assistance, SSI, WIC, or Lifeline;
- Participates in Tribal specific programs, such as Bureau of Indian Affairs General Assistance, Tribal TANF, or Food Distribution Program on Indian Reservations;
- Is approved to receive benefits under the free and reduced-price school lunch program or the school breakfast program in the current or immediately preceding school year;
- Received a Federal Pell Grant during the current award year; or

How Does an Eligible Household Enroll in the Program? There are two steps to enrolling in the ACP:

Complete and submit an online or mail-in application available at [ACPBenefit.org](https://www.acpbenefit.org).

2. Contact a participating provider to select an internet plan and have the ACP discount applied

For more information contact Call the ACP Support Center at (877) 384-2575.



Ways to Stay Safe During Flu Season

We are officially back in Flu Season.. Each year, millions of people come down with flu. Most recover within a week, but for an unlucky few, flu can be deadly. Seasonal flu epidemics typically occur in late autumn and winter, so we can anticipate them, and prepare accordingly.

Healthy Habits to Help Protect Against Flu:

- Avoid close contact. Avoid close contact with people who are sick.
- Get a flu shot. (Check with your local pharmacy or clinic for Flu shot if not your physicians)
- Stay home when you are sick.
- Cover your mouth and nose.
- Avoid touching your eyes, nose or mouth.
- Practice healthy habits: Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.
- Clean and disinfect frequently touched surfaces at home, work and school



FAMILY SELF-SUFFICIENCY

The FSS Program with Mrs. Dinah Lewis

FSS New Participant Orientation

November 15@ 4:00PM

Join on your computer or mobile app

[Click here to join the meeting](#)

Meeting ID: 291 179 841 519
Passcode: yfX8K8

[Download Teams](#) | [Join on the web](#)

Dinah Lewis
FSS/RSS Resident
Services Specialist
757-925-6550
dlewis@suffolkrha.org

What could you do if you didn't have a single debt payment in the world?

That's right—no student loans, car payments or credit card bills. You could free up an extra \$300, \$500 or maybe even \$800 in your budget every month! Ah, that's the debt-free life.

Want to know more Join me on

[Click here to join the meeting](#) Or join by entering a meeting
ID Meeting ID: 280 418 205 328

FINANCIAL FRIDAY

Stop Living From Paycheck to Paycheck

**HOW TO
GET OUT OF
DEBT**

November 4, 2022

10am & 3pm

S.M.A.R.T. Goals

Zig Ziglar once said "A goal properly set is halfway reached".

So how do you know if you have properly set goals that are realistic? 'SMART' is an acronym that will help you gain clarity on the goals you would like to accomplish and help you know what needs to be done to achieve them.



S: Specific – Determine what you want and be very precise with no room for misinterpretation.

M: Measurable – Identify what success is and make sure it is easy to track. This can be reevaluated when necessary.

A: Achievable – Make sure your goal is reasonable, not outlandish, or unrealistic

R: Relevant –

Ensure your goal aligns with your overarching goals

T: Time-bound – Set a deadline and create a schedule so the goal should be finished by a certain time.

Set S.M.A.R.T. goals, write them down and make them visible. This will help you stay motivated while on the road to success!



By Joining The Suffolk FSS Program and receive a...

Tax Free Saving Account

FREE one-on-one financial coaching

Rebuild and maintain your **CREDIT**

Reduce **DEBT**

Increase **SAVINGS**

SAVE YOUR RENT INCREASE when you earn more money at work

To Learn More Contact Your Coordinator At



HCV Participants Dinah Lewis 757.925.6550 dlewis@suffolkrha.org

Public Housing Residents Patricia Mizelle 757.934.2445 pmizelle@suffolkrha.org



Events for the month of November:

November 5, 2022: Saturday - Black Panther Mini FanCon [IN-PERSON] -Celebrate the upcoming release of the new Black Panther movie at Suffolk Public Library's Black Panther Mini FanCon. Enjoy cosplay contests, trivia, raffles, crafts, and more! For all ages. (Morgan Memorial Library 6:00-8:00pm)

November 8, 2022: Tuesday - Get Creative @ Home: Mixed Media [VIRTUAL + KIT] - Missed the in-person Get Creative class? You can still get creative at home! Register for a kit and follow along with the instructional video. For adults. The pre-recorded Get Creative @ Home videos premiere at 6:00pm on Suffolk Public Library's Facebook page and YouTube channel. All materials provided. Please register to reserve your kit. You will receive an email notification when your kit is available for pickup. Kits on hold are available for 7 business days.

November Events

November 15, 2022: Tuesday - Friendsgiving Test Kitchen [IN-PERSON] - If you have ever wanted to be on a cooking show, this is your chance! Test out your recipes and perfect them before you take them to Friendsgiving this holiday season. Bring a finished dish to test, sample others' dishes, and create recipe cards to keep. For adults. SPL events are free to attend and open to people of all abilities. If you or someone in your party will require accommodations in order to participate, please call 757-514-7323 and ask to speak with the Community Learning Manager. Please contact the Community Learning Manager if you are a facility bringing a group of 5 or more. You do not need to be a library member in order to attend. 6:00pm - 7:00pm- Location: Adult Room (North Suffolk Library)

November 17, 2022 Thursday at 7pm Sip and Spell: Adult Spelling Bee : Join the Suffolk Public Library and Nansemond Brewing Station for a fun-filled adult spelling bee. Indigenous Hampton Roads

How many words can you spell from Native American languages in the area? Hint: Nansemond Brewing already has one! There will be something for everyone to enjoy from learning new words to enjoying some spelling flubs with friends. For adults 21+. **Location: Nansemond Brewing Station: 212 E Washington St. Suffolk**



EVENTS ARE **NOT** SPONSORED BY

SUFFOLK REDEVELOPMENT AND HOUSING AUTHORITY

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